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Indonesian Cooking: Satays, Sambals And More [Indonesian Cookbook, 81 Recipes]



Synopsis

Cook fresh and vibrant dishes with this friendly and instructive Indonesian cookbook. Indonesian Cooking is Chef Dina Yuen's culinary exploration of the world's largest and most diverse archipelago—the fabled Spice Islands of Indonesia. Dina began her culinary career in Jakarta at the tender age of 12, when she begged her parents to enroll her in a culinary academy. She was not only accepted—but surprised everyone (her parents included) by preparing dishes which tasted better than those of her adult classmates! After returning to the US, she began sharing her knowledge and passion for the foods of Indonesia as a chef, a writer, and through her website Asian-Fusion.com. The dishes in Indonesian Cooking range from the familiar Chicken and Beef Satays, Lumpia Spring Rolls, Fresh Steamed Vegetables with Peanut Dressing (Gado-Gado) and Nasi Goreng (Traditional Indonesian Fried Rice) to more exotic dishes like Spicy Lemongrass Beef, Burned Sugar Pork, Grilled Swordfish with Fragrant Yellow Rice, and Tamarind Roasted Prawns. Indonesian food is easy to make with ingredients readily found in any well-stocked supermarket. Bring the tastes of Indonesia home with the help of Indonesian Cooking! Authentic Indonesian recipes include: Chicken and Potato Croquettes, Oxtail Soup, Avocado and Smoked Salmon Salad, Banjar Chicken Steak, Grilled Swordfish with Fragrant Yellow Rice, Classic Nasi Goreng, Sambal Eggplant, Dutch-Indo Crepes with Palm Sugar. Indonesian is a vibrant, multi-layered nation with a fabulous and largely unexplored cuisine—and these easy-to-follow recipes now make it accessible to everyone.

Book Information

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Customer Reviews

Chef Diana writes with such passion and clarity. Delicious recipes, thoughtfully prepared and a joy to eat. Indonesian cuisine is so varied and so interesting with culinary influences from Europe and its neighbors in Asia. Combining Eastern and Western ingredients and techniques is something that has fascinated me at Celadon for the last fifteen years and this book helps unlock some of those doors." â Chef Greg Cole, Celadon Restaurant, Napa, California "Dina's take on food is simply exotic and scrumptious, each recipe is rich in personal and cultural food history. Indonesian Cooking is a pleasure to read and a heavenly experience for the palate. Amazing, from start to finish." â Letty Alvarez, Owner & Baker, LA Sweets, Miami, FL

Dina Yuen was so fascinated by the cuisine of her country that at the age of 12 she became the youngest student at one of Indonesia's foremost culinary centers. After her studies there she went on to study under the tutelage of chefs at Indonesia's top tourist destinations. She is the publisher of Asian-Fusion.com. Dina lives in San Francisco, CA.

I am very excited as my mother is Indonesian and I grew up eating the wonderful variety of foods. I am Dutch (My father) served in Indonesia, ultimately marrying my mother. My Sister and I were born in Holland, and none the less spent our entire lives eating the delicious food of Indonesia. I am ecstatic to own this book, so that I may fill some of the gaps now that mom has passed on. it is a treasure.

thanks

It has some good recipes; some of the ingredients are difficult to find in my area.

This is a cookbook with interesting fresh looking recipes . I can't wait to try some of the dishes with the unusual spice combinations . Everything looks so inviting and light with a lot of vegetables to enjoy .

Not authentic for my taste, maybe I am from a different part of the islands, I will try some more

I lived in Indonesia for four years when I was younger and it was great to finally get to taste the flavors of my childhood again. I was so excited to find an amazing book about Indonesian cuisine with such great recipes that I bought one for both my sister and mother. Thank you for bringing back

such wonderful memories.

I purchased this for my friends birthday because he had mentioned an interest in Indonesian food. He was very happy with the book.

I don't even know where to begin. This book was very much in need of a food editor and someone other than the author to test the recipes. On the pro side there are a few good recipes (the Savory Flat Rice Noodles are excellent as is the recipe for water spinach) and the photography is lovely, if a bit off. On the con side there are many more problems. First off, the need for a food editor. The Buckwheat Noodle Soup Recipe? It doesn't call for buckwheat noodles - just regular somen noodles. And the garnishes include raw bitter melon and raw garlic, both of which are overwhelming if you actually eat them uncooked in such a delicate broth. Some of the other recipes seems half finished. The Mushroom Medley Soup calls for inordinate amount of salt along with vegetable stock and soy sauce. Now for a pet peeve of mine (which may not bother other people) - I want the picture representing the recipe to actually be that recipe. In a rather disproportionate number of photos this isn't the case. There are ingredients in the photo that aren't listed in the recipe and vice versa. I see bean sprouts... not an ingredient, I see red onions... not an ingredient... on the flip side I see an ingredient that should be easily visible and it's not in the picture. As lovely as the photographs are they make me not trust the recipes. I could not recommend this book for any novice cook but if you are experienced and can spot things out of place it's not a bad purchase. A generous 2.5 stars.

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